

EAT SIP HIKE

with Randonnee Tours

Experience the stunning natural beauty and mouth-watering cuisine of the Amalfi Coast with Randonnee Tours' new 7-day/6-night walking tour. Inspired by the coastal villages and family kitchens of the Italian countryside, you'll feel like a character in *Frances*

Maye's memoir *Under The Tuscan Sun* or Elizabeth Gilbert's *Eat, Pray, Love* as you traverse this incredible landscape on foot with Randonnee's Tours expertise. This exciting tour begins with a hike through the southern region of the island of Capri.

GUESTS WILL ENJOY VISTAS of the rocky coastline as they amble through the countryside and end the afternoon with a visit to the former *Villa of Roman Emperor Tiberius*. Day two is spent in Anacapri, an elevated village on the western side of Capri secluded from the rest of the island ("ana" means "above" in ancient Greek.)

Guests explore Anacapri's seaside trails and experience its diverse geography and wildlife while viewing the fascinating remains of a series of old stone forts that pepper the coastline. On day three, say arrivederci to Capri with a short boat ride and transfer to Amalfi's *celebrated Pathway of the Gods*.



THIS BEAUTIFUL HIKE WINDS ITS WAY ALONG the spectacular seaboard with gorgeous views of the Mediterranean and *Capri* beyond it. Guests will arrive at the picturesque village of Positano on foot, where they'll feast on a locally-prepared meal of seafood, pasta and wine – just a taste of the gastronomic delights to come!

Over the three remaining days of the tour, travelers enjoy the option of immersing themselves in cooking classes

led by local chefs for all or part of their day. On day four, the hike makes its way from Montepertuso through the small village of Santa Maria Del Castello, passing through rustic, untouristed terrain.

THE AFTERNOON BRINGS with it the delicious opportunity to *learn to cook either linguine tonno olive e capperi or pasta fatta in casa gnocchi* with charming chef Felice Murano, recently featured in Elizabeth Berg's article "A Moveable Feast" in National Geographic Traveler.

On day five, travelers will depart Positano for Amalfi by boat. In Amalfi, a local guide will share the region's unique



history as an autonomous state and lead guests on a hike to the storied artistic haven of Ravello and through the *forested Vallee delle Ferriere National Park*.

More food/ Less hiking?

Take a full day cooking class in the private home of Mama Agata, who has been personal chef to the likes of Humphrey Bogart, Liz Taylor, and Marcello Mastroianni.

PICK VEGETABLES FROM HER GARDEN, learn how to make Limoncello, savor a home-cooked meal, and let yourself be entertained by your vivacious hostess. On the final full day of the tour, guests may either take a vigorous loop hike through the coastal town of Minori or relax in the lovely town of *Ravello*. In Ravello, travelers may wish to walk through the grounds of the historic Villa Cimbrone or *enjoy a Limoncello tasting*.

Those with something more savory in mind may opt for a *wine and cheese tasting* with local sommelier Gennaro who will expound upon the various wines

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and grappas of Amalfi. The next morning, depart Ravello and visit the ruins at Pompei, if time permits, before your onward travel from Naples.

ESSENTIALS:

7 days/6 nights, with 5 1/2 days of walking

Classic Accommodation:
US\$ 1900

Luxe Accommodation:
US\$ 4800

For more information on Randonnee's 7 days walking tour of the Amalfi Coast, please visit

<http://www.randonneetours.com/>

e-mail info@randonneetours.com or call 800-242-1825.



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